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## QUARTERLY NEWSLETTER JUNE 2024



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**Believe Motherwell Cheshire CIO – The evidence-based project supporting mums at risk of social removal.**

The Believe practice “believes” in every mum... there are no age limits and we

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We offer **emotional** support to these mums to help them feel valued, grow in confidence, become more resilient and emotionally strong again, so that they can hopefully rebuild their lives.

We also offer **practical** support, such as accompanying them to meetings with social care and other agencies and by signposting them to other specialist services that may be able to help them.

Mums are also invited to join our Motherwell Wellbeing Groups and Workshops. Mums can feel **at ease** and most importantly **not judged** within a group of other women who all **understand & empathise** with exactly how they are feeling about their children not being in their care.

## **NEW SUPPORT FROM BELIEVE!**

### **Born Into Care Pathway..**

We are committed to supporting mums through the Born Into Care Pathway, aiming to prevent a child from being 'born into care' through early intervention. Some women face higher risks if they have had children removed from their care before.

Our goal is to assist pregnant women from 8 weeks into their pregnancy, working closely with them. Collaborating with the Midwives at Leighton Hospital (The Olive Team), we will provide Hope Boxes and counselling for new mums, which we are incredibly enthusiastic about.

### **Believe In The Community**

As Believe Advocates, we are seeking to elevate our presence in the community and enhance connections with organisations like Oak Tree and Monks Coppenhall, and Small Oaks Family Hubs as well as Barton Primary School, and Victoria Road and The Brooks Children Centres. We aim to be a visible and consistent point of contact fortnightly or monthly in these venues.

The areas we cover are: Crewe, Nantwich, Winsford, Northwich and surrounding areas. Contact the centres for times and dates.

### **Believe Community Practice**

planning to establish a Community of Practice. This will involve meeting online four times a year to discuss developments in your areas and explore how we can collectively support parents who are at risk of having their children removed from social care.

The landscape of social care is evolving, and while there are positive changes, significant gaps still exist. Our aim is to work together to address these gaps and influence meaningful change.

The first online meeting is to be held on July 18th at 1 PM. During this initial meeting, we will set the Terms of Reference and outline our collaborative efforts from September onwards.

[kate@motherwellcheshirecio.com](mailto:kate@motherwellcheshirecio.com)

### **Outreach**

To raise awareness about our services, we have engaged with Macclesfield Town Hall, Leighton Hospital, The Olive Team, Crewe Lifestyle Centre, Crewe Library, Reaseheath College, and Springfield School, establishing connections through our "Pop Ups." We will also participate in Pride in Crewe, Winsford, Nantwich, and Chester so why not come and have a chat to us.

**Pride Winsford**  
**22nd June 2024**

**Pride Crewe**  
**6th July 2024**

**Pride Nantwich**  
**20th July 2024**

**Pride Chester**  
**17th July 2024**

## BELIEVE IN YOU BOX

At the end of their Believe Journey every mum will receive a "Believe In You Box", which includes self-care items and a personalised Achievement Certificate.



### EVALUATION

We have had an evaluation completed by the University of Chester. Dr Mandy Urquhart and Professor Lisa Oakley worked with participants of the Believe project to gather information and feedback. The overall findings from the research were a positive outlook on the project, Mum's were found to experience "increased self-confidence and feeling of being accepted". The evaluation was meant to take place over the space of a couple of months but ended up taking around a year due to the pandemic, this also gave the University of Chester an even further insight into how the Believe project can support mums.

[CLICK HERE TO READ THE EVALUATION](#)

IMPACT & CASE STUDY

Our staff work tirelessly on a daily basis, to provide a first-class service for those mothers who need support...



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## BELIEVE MUMS FEEDBACK

Communication is  
always good and I  
feel comfortable  
talking to my  
Advocate.

### FEEDBACK

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We continue to capture our Mum's journey through the Believe Programme.

To learn more about our Mum's journey, please press on the link below.

<https://believe-motherwell.co.uk/about-us/case-studies/>

### REFERRALS

To make a referral to us:

Whether you would like to self-refer or an agency refers on

the client's behalf please contact us by:

Email on [referrals@motherwellcheshirecio.com](mailto:referrals@motherwellcheshirecio.com)

Phone call: 01606 557666

<https://believe-motherwell.co.uk/evaluation/>

### WHERE TO FIND OUR SERVICES

One-to-One Support  
Crewe and Winsford (CW1, CW2 and CW7)

You can also, access our services here:

Crewe Surrounding Areas  
Nantwich, CW5; Sandbach, CW11; Alsager, ST7; Middlewich,  
CW10; Tarporley, CW6.

Winsford Surrounding Areas

Northwich, CW8 & CW9;  
Middlewich,  
CW10;  
Tarporley, CW6

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## BELIEVE AMBASSADOR TRAINING

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# BELIEVE AMBASSADOR TRAINING COURSE WEDNESDAY 10TH JULY

9AM TO 3PM

ONE-DAY HYBRID TRAINING  
VIA ZOOM OR AT OUR LEARNING WELL  
54-64 BEECH DRIVE, WISTASTON  
CREWE CW2 8RG

## CONTACT

[HR@motherwellcheshirecio.com](mailto:HR@motherwellcheshirecio.com)

## FOR MORE INFORMATION

THE COURSE WILL INCLUDE VIDEOS ON TOPICS THAT PARTICIPANTS ARE REQUIRED TO WATCH BEFORE THE TRAINING SESSION

The Believe Ambassador training course provides a comprehensive introduction to a programme aimed at individuals supporting mums and pregnant women with children on a Child Protection Plan.

Delegates will receive essential information and materials, including a facilitator's manual, handouts, toolkit, and additional resources.

Upon completion, participants will be equipped to serve as certified Believe Ambassadors, utilise the Believe Toolkit to aid at-risk women and pregnant women, access resources via the Believe Website, and work effectively with individuals in need of support.

Come and experience the joy of helping people make positive changes in their lives.

BELIEVE AMBASSADOR TRAINING FEEDBACK



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BELIEVE AMBASSADOR  
TRAINING COURSE FEEDBACK

Very informative -  
especially enjoyed the  
session on attachment and  
trauma. Supportive  
environment even though it  
was online.

BELIEVE AMBASSADOR  
TRAINING COURSE FEEDBACK

I enjoyed the 2-day training  
programme and felt that I  
had upgraded my previous  
experience and knowledge.

[FIND OUT MORE ABOUT BELIEVE AMBASSADOR TRAINING HERE](#)

## Edna's Laundrette - Nixon Drive, Winsford



**Our opening times are:**

**Tuesday 9:30 - 3:00**

**Wednesday 12:00 - 3:00**

**Saturday 10:00 – 4:00**

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