



Office Use Only: #.....



Engagement

After referral to the Believe programme, a support worker will have been in touch with you in order to meet for a first contact meeting. This appointment included a Needs and Risk Assessments, then depending on the outcome, a support worker will then contact you to begin your personalised support package.

From there, we require a commitment from you to meet with your support worker on a regular basis, at the same time and same place every two weeks. The support will last between three and six months. After six months, your support worker will discuss a plan with you. This may take the form of a referral to Motherwell Brightstars, Believe Peer Support, an external agency, or another appropriate route.

We recognise at times it may be difficult to adhere to the commitment to regular meetings, and we ask that you inform us at least 24 hours in advance if you cannot make the appointment.

Sessions will last up to an HOUR and during these sessions you will discuss the support you need, and agree on actions that you will need to undertake in order to help improve your self-reliance and overall mental health and wellbeing.

If you do not attend a session without cancelling, we will contact you to make sure that you still want to attend. If you do not attend a second time without contact, we will automatically discharge you from the project.

This does not mean that you cannot contact us again in the future if you wish to use the service at a more convenient time for you.

If you agree to these terms of engagement, please sign and date below.

Client's Name (printed)

Client's signature

Date: